

# Skips

EST. 1981

## APPETIZERS

### MUSSELS

lemon butter, garlic toast...15

### ONION RINGS

thin sliced ~ half...10 / full...13

### BRUSCHETTA

focaccia, basil pesto, mushrooms, roma tomatoes and provolone cheese...14

### CHICKEN QUESADILLA

served with sour cream and pico de gallo...13

### PECAN CRUSTED CHICKEN STRIPS

served with honey mustard dipping sauce...15

### JALAPEÑO SHRIMP

chipotle jalapeno butter, garlic toast...16

### SPINACH & ARTICHOKE DIP

fresh corn tortilla strips...13

### CHICKEN NACHOS

black beans, chicken, red chile aioli, melted  
cheddar & pepper jack cheese, side of sour cream & pico de gallo  
half...14 / full...17

## SOUPS & SALADS

### SOUP OF THE DAY

cup...7 / bowl...9

### CHINESE CHICKEN

marinated chicken, broccoli, carrots, wonton strips and peanut sauce tossed in a citrus-soy dressing...16

### SPINACH

raspberry vinaigrette, onion, pecans, goat cheese and strawberry slices...16

### SANTA FE

chicken, black beans, corn, pico de gallo, pepper jack & cheddar cheese and tortilla strips...16

### BALSAMIC CHICKEN

chicken, corn, bacon, onion, tomato, sun dried tomato, parmesan cheese, balsamic vinaigrette...16

### PECAN CRUSTED CHICKEN

avocado, egg, onion, tomato, carrots, pecan chicken strips...17.5

### COBB

chicken, bacon, egg, avocado, tomato, blue cheese crumbles...17.5

### CAESAR

lemon, romaine, parmesan cheese, croutons...11.5  
add blackened or grilled chicken...5  
add blackened or grilled salmon...6.5  
add blackened or grilled shrimp...7.5

### SEARED AHI TUNA\*

seared ahi tuna, carrots, tomato, onion, wontons, citrus-soy vinaigrette...15.75

## DRESSINGS

RANCH ~ CREAMY PARMESAN ~ HONEY MUSTARD

RASPBERRY VINAIGRETTE ~ BALSAMIC VINAIGRETTE

FRENCH ~ ITALIAN ~ 1000 ISLAND ~ CITRUS SOY

BLUE CHEESE ~ BLUE CHEESE CRUMBLES ~ V&O

## SIDES

COLE SLAW ~ RICE PILAF ~ GARLIC TOAST

FRENCH FRIES ~ POTATO SALAD ~ COTTAGE CHEESE

BLACK BEANS ~ FRESH VEGETABLES

## BEVERAGES

COKE ~ DIET COKE ~ ICED TEA ~ RASPBERRY TEA ~ SPRITE ~ MR. PIBB  
AQUAFINA ~ S. PELLEGRINO ~ SODA WATER ~ TONIC WATER  
LEMONADE ~ MILK ~ COFFEE ~ HOT TEA ~ HOT CHOCOLATE

## PASTA

SERVED WITH GARLIC TOAST

### CHICKEN MARSALA

chicken tenders, angel hair pasta, marsala wine mushroom sauce...21

### CARBONARA

chicken breast, mushrooms, bacon, alfredo sauce, bowtie pasta...20

### CHICKEN JALAPEÑO

chicken breast, jalapeno cream sauce, linguini pasta...20

### CAVATELLI

sausage, marinara sauce, cavatelli pasta, melted mozzarella...19

### BLACKENED CHICKEN OR SALMON

green onions, tomato, bowtie pasta, cajun cream sauce chicken...20 salmon...22

### LEMON & GARLIC SHRIMP

shrimp, lemon butter, broccoli, green onion, linguini pasta...21

### TOMATO BASIL

fresh tomato sauce with basil, garlic and angel hair pasta...13.5

add blackened or grilled chicken...5

add blackened or grilled salmon...6.5

add blackened or grilled shrimp...7.5

## SANDWICHES

SERVED WITH A CHOICE OF SIDE

### STEAK SANDWICH\*

8 oz sirloin on toasted open-faced sourdough, topped with onion rings...24

### CHEESEBURGER\*

choice of american, swiss, cheddar, pepper jack, provolone or mozzarella with lettuce, tomato, onion and pickle on a toasted onion bun...16

### RAREBIT\*

grilled beef patty on toasted white bread, topped with our signature cheese sauce...16

### BBQ CHICKEN

bacon, barbecue sauce and pepper jack cheese on toasted focaccia...17

### SALMON BURGER

handcrafted & grilled featuring fresh salmon, served with lettuce, tomato, red chile aioli, on a toasted onion bun...17

### BLACKENED COD

served with lettuce, red chile aioli on toasted sourdough...17

### PORK TENDERLOIN

breaded pork tenderloin, lettuce, tomato, onion, pickle on toasted kaiser bun...15

### VEGETABLE MELT

carrot, zucchini, mushrooms, onion, avocado, lettuce, tomato, melted provolone cheese on toasted rye...15

### B.L.T.

bacon, lettuce and tomato served on toasted sourdough...14

### CHICKEN CLUB

swiss cheese, avocado, lettuce, bacon and tomato served on focaccia ...17

### ITALIAN SAUSAGE

seasoned sausage patty, roasted red peppers and provolone cheese on toasted focaccia...15

### SHRIMP CLUB

shrimp, bacon, lettuce, tomato and red chile aioli on toasted white bread...17

### TUNA MELT

grilled tuna salad, tomato and our signature cheese sauce on toasted sourdough...14

### SOUP, SALAD OR SANDWICH COMBO

choice of egg salad, tuna salad, or grilled cheese with soup or salad...14

add spinach salad for an additional...3

## LUNCH ENTREES

SERVED WITH CHOICE OF SIDE OR SALAD

### CHICKEN DE BURGO

chicken breast sautéed with mushrooms and de burgo butter...19.5

### CHICKEN PICATTA

chicken tenders, mushrooms, artichoke hearts and capers served in a white wine dijon sauce...20.5

### TERIYAKI CHICKEN

marinated chicken breast served over rice...15.5

### SEAFOOD CHICKEN

grilled chicken breast on toasted sourdough bread, and topped with imitation crab meat, shrimp & hollandaise...18

### COD

broiled in a lemon dill or rubbed with blackening spices and grilled...16.5

### FRESH SALMON

4 oz salmon filet blackened or grilled...18

\*ITEMS ON MENU: THOROUGHLY COOKING FOOD OF ANIMAL ORIGIN SUCH AS BEEF, LAMB, PORK AND POULTRY REDUCES THE RISK OF FOOD BORN ILLNESSES.

INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDER COOKED.